



Adrian Nicolae Opre

Date of birth: 14/01/1967 | **Citizenship:** Romanian | **Gender:** Male |

Phone number: (+40) 264590965 (Work) | **Email:** adrianopre@psychology.ro |

Email: nicolae.opre@ubbcluj.ro

Address: Faculty of Psychology and Educational Sciences, Babeş-Bolyai University (UBB), 7 Sindicatelor Street

ABOUT ME

Research areas and interests:

- Cognitive psychology
- Personality psychology
- Socio-emotional development
- Psychology of religion
- The cognitive unconscious
- Religious counseling and coping
- Applications of cognitive sciences in education

PROFESSIONAL EXPERIENCE

A. TEACHING EXPERIENCE

1. Full Professor, Department of Psychology, Babeş-Bolyai University, 2008–present.
2. Associate Professor, Department of Psychology, Babeş-Bolyai University, 2002–2008.
3. Lecturer, Department of Psychology, Babeş-Bolyai University, 1999–2002.
4. Assistant Lecturer, Department of Psychology, Babeş-Bolyai University, 1997–1999.
5. Junior Assistant, Department of Psychology, Babeş-Bolyai University, 1996–1997.

B. RESEARCH EXPERIENCE

1. Researcher, Center for Applied Cognitive Psychology, 1996–present.
2. Researcher, Applied Cognitive Psychology Laboratory, 1996–present.
3. Researcher, Institute for Experimental Research on Social Behavior, Babeş-Bolyai University, Cluj-Napoca, 2003–present.
4. Visiting researcher at Tilburg University, the Netherlands, May–June 2002.
5. Visiting researcher at Tilburg University, the Netherlands, May–June 2000.
6. Visiting researcher at New School University, New York, USA, 1999.
7. Visiting researcher at the University of Washington, Seattle, USA, 1999.
8. Visiting researcher at New School University, New York, USA, 1998.

C. MANAGERIAL EXPERIENCE

1. Dean of the Faculty of Psychology and Educational Sciences, 2016–present.
2. Director of Studies, Distance Learning Education – Psychology program, Romanian track, 2004–2008.
3. President, Romanian Association for Cognitive Sciences, 2009–present.
4. President of the UBB Teaching Council, 2019–present.
5. Director, Cognitive Psychology Laboratory, 2012–present.
6. Coordinator, Psychological Counseling and Career Guidance Center “EXPERT”/“Student Expert”, UBB, 2004–present.
7. Director of the training programs in Rational-Emotive and Behavioral Education and, respectively, Pastoral Counseling, organized by the Romanian Center for Rational-Emotive and Behavioral Therapy, 2004–present.
8. Program Director (continuing education), “Perspectives – Emotional Intelligence Development”, ASCR, 2004–present.
9. Director, Magister program – continuing education/training program for pre-university teaching staff, 2003–2008.

10. Member of the Executive Committee of the Romanian Center for Rational-Emotive and Behavioral Therapy, 2002–present.
11. Director, Center for Teaching and Learning Innovation (CIPI), UBB, 2013–2018.
12. Director, Council of the Doctoral School “Applied Cognitive Psychology”, 2008–2016.
13. President, ARACIS Standing Expert Committee (Social, Political and Administrative Sciences Committee); Romanian Agency for Quality Assurance in Higher Education (ARACIS), 2010–2014.
14. President, Educational Psychology, School and Vocational Counseling Committee, Romanian College of Psychologists, 2008–2013, 2022–present.
15. Vice-President, Special Commission for the accreditation of continuing training programs for pre-university teaching staff, MECTS, 2005–2012.
16. Vice-President, Romanian Association for Cognitive Sciences, 2005–2009.
17. Vice-President, Orthodox Cultural Association “Nicolae Ivan”, 2004–present.
18. Head of the Department of Psychology, Babeş-Bolyai University, Cluj-Napoca, 2004–2008.
19. UBB coordinator of the Rural Education project, funded by MEDCT and the World Bank, 2003–2009.
20. President, Association of Psychology Students in Transylvania, 1994–1996.
21. Vice-President, Romanian Association for Interdisciplinary Studies of Healthy Behaviors, 2024–present.

D. EVALUATION EXPERT

1. Permanent expert: CNCIS Specialized Committee (2005–2008).
2. Evaluation expert – CNCIS Extended Committee, 2003–2005.
3. Evaluation expert: Excellence Research Program (CEEX), MedC, 2005–2013.
4. Evaluation expert, CNATDCU (2012–2016).
5. Evaluation expert: Romanian Agency for Quality Assurance in Higher Education (ARACIS) – **Standing Expert** Committee (Social, Political and Administrative Sciences Committee), 2005–2008.

E. EDUCATION AND PROFESSIONAL TRAINING

EDUCATION

1. Doctoral program at Babeş-Bolyai University, 1998–2001; PhD thesis: “Subliminal perception: psychotherapeutic and advertising impact”, 2001.
2. Doctoral internship III: “Subliminal perception: psychotherapeutic and advertising impact”, University of Washington, Seattle, USA, 2000.
3. Doctoral internship II: “Subliminal perception: psychotherapeutic and advertising impact”, New School University, New York, USA, 1999.
4. Doctoral internship I: “Subliminal perception: psychotherapeutic and advertising impact”, New School University / New York University, USA, 1999. Medical studies, ‘Iuliu Hațieganu’ University of Medicine and Pharmacy, Cluj-Napoca, 1997–1999.
5. Graduated from the Faculty of History and Philosophy, Psychology section, Babeş-Bolyai University, Cluj-Napoca, 1996.
6. Graduate of the Invisible College: Next Generation (intensive training program in cognitive sciences supported by the Soros Foundation and the McDonnell Program in New York), 1996.
7. Graduated from the Faculty of Chemical Technology, Physics-Chemistry track (teacher training), Babeş-Bolyai University, Cluj-Napoca, 1992.

TRAINING, CERTIFICATIONS, ACCREDITATIONS

1. Academic Teaching Excellence (ATE), Babeş-Bolyai University, organized by the British Council, 2019.
2. Enhancing Teaching and Learning in a Humboldtian University, Dr Kathleen M. Quinlan, Centre for Teaching and Learning, University of Oxford (United Kingdom), 2017.
3. Bayesian Analysis, Prof. Zoltan Dienes, PhD, The 7th Seminar on Implicit Learning, 2017.
4. International Summer School: Cognitive-Behavioral Therapies II, Cluj-Napoca, August 1997.
5. International Summer School: Cognitive Science, Sofia, Bulgaria, July 1997.
6. Certificate as Cognitive-Behavioral Psychotherapist, National Association of Cognitive-Behavioral Psychotherapy, United States of America, 2006.
7. International Summer School: Cognitive-Behavioral Therapies I, Cincis, Romania, August 1996.
8. Supervisor in Rational-Emotive and Cognitive-Behavioral Therapy, Albert Ellis Institute, New York, USA, 2005.
9. Principal specialization, autonomous accreditation in educational psychology, school and vocational counseling, COPSI – Educational Psychology, School and Vocational Counseling Committee, 2005.

10. License as psychologist with independent practice, principal level, in cognitive-behavioral psychotherapy (autonomous accreditation), Romanian College of Psychologists – Clinical Psychology and Psychotherapy Committee, 2004.
11. Certification with right of independent practice in cognitive and behavioral psychotherapies, Romanian Federation of Psychotherapy / Romanian Association of Cognitive and Behavioral Psychotherapies, 2004.
12. Certification with right of independent practice and trainer status in cognitive and behavioral psychotherapies, Romanian Federation of Psychotherapy / Romanian Association of Cognitive and Behavioral Psychotherapies, 2004.
13. Training program in Cognitive Behavioral Therapy (CBT), Albert Ellis Institute for Rational Emotive Behavior Therapy (REBT), New York, USA, 2001–2004.
14. Training program in Cognitive Behavioral Therapy (CBT), Albert Ellis Institute for Rational Emotive Behavior Therapy (REBT), New York, USA, 2001–2004.
15. Training program in Cognitive Behavioral Therapy (CBT), Association of Hypnosis and Cognitive-Behavioral Psychotherapy, Cluj-Napoca, Romania, 1999–2001.
16. Training program in Cognitive Behavioral Therapy (CBT), Association of Hypnosis and Cognitive-Behavioral Psychotherapy, Cluj-Napoca, Romania, 1999–2001.
17. Research activity at the University of Washington, Faculty of Psychology, Department of Clinical Psychology, Seattle, USA: training in the treatment of phobias using virtual reality, 2000.
18. Research activity: training in the treatment of phobias using virtual reality, University of Washington, Faculty of Psychology, Department of Clinical Psychology, 1999.
19. International Summer School “Cognitive-Behavioral Therapies and Hypnotherapy”, 1999, Sovata, Romania.

DIGITAL SKILLS

Microsoft Office	Internet browsing	Good use of communication programs (mail, Messenger, Skype)	Zoom
Microsoft Word	Microsoft PowerPoint		

LANGUAGE SKILLS

Mother tongue(s): ROMANIAN

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Written	Oral	
ENGLISH	C1	C1	C1	C1	C1

Levels: A1 and A2 Basic user; B1 and B2 Independent user; C1 and C2 Proficient user.

DRIVING LICENCE

Driving licence: Category B

Proiecte de cercetare ultimii 5 ani

A. Adrian Opre - director sau coordonator partener UBB

a. Internationale

2. Grant COST Action, Comisia Europeană, The neural architecture of consciousness (*NeuralArchCon*), CA18106, 2019–2023, Adrian OPRE - coordonator echipă România; directori: Kristian Sandberg & Michał Wierzchoń;
3. Project Euki, European Climate Initiative (EUKI), *Eco FootPrint Romania*, 2023–2024, Adrian Opre coordonator partener UBB; Finantare – Guvernul Germaniei

b. Nationale

Mecanisme Transdiagnostice în Tulburări Mintale: Un Sistem de Realitate Mixtă pentru Evaluarea Invățării Sociale Implicite, director proiect, OPRE NICOLAE ADRIAN
2020-2022, Proiect experimental demonstrative, UEFISCDI PN-III-P2-2.1-PED-2019-4599

B. Adrian Opre - membru / cercetator expert

1. Programul Erasmus+, ERASMUS Lump Sum Grants, *Social inclusion, Tolerance, Acceptance and Realization for all sTudents – START*, 2022 – 2025;
2. Proiect de Cercetare Exploratorie, UEFISCDI, *Relația dintre identitate și comportament: Studiu longitudinal și intervenție online*, 2021–2023, director de grant: Oana Negru;